

Let go of your worries, come to Jesus

1. Zeal for God, with wrong understanding
2. Worried about many things
3. Only one thing is necessary



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Zeal for God, with wrong understanding

- Israë! is an example. ... they have a zeal for God, but not according to knowledge Romans 10:2 (NKJV)
- Desiring to be teachers of the law, without understanding either what they are saying or the things about which they make confident assertions (1 Tim 1:7)
- Luke 12:13-21 Someone else told Jesus what to do, but with wrong understanding



Zeal for God, with wrong understanding

- Proverbs 16:2 All the ways of a man are pure in his own eyes, But the Lord weighs the spirits.
- John 7:24 Do not judge according to appearance, but judge with righteous judgment.”



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Worried about many things

Now she was worried about serving, but at other moments... about many things!

So what are people often worried about?

- Big worries in the desert
- Elijah after great victory looks at the circumstances
- Worries about our house, family, pets etc
 - Haggai 1:3-11, Malachi 3:10



Worried about many things



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Only one thing is necessary

- Listen to Gods Word (the Word became flesh)
- This will not be taken

1 Peter 1:23 having been born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever, 24 because “All flesh is as grass, And all the glory of man as the flower of the grass. The grass withers, And its flower falls away, 25 But the word of the Lord endures forever.” Now this is the word which by the gospel was preached to you.



Only one thing is necessary

- Listen to Gods Word
- This will not be taken

It teaches us to put your trust in God and rest will follow:

Matthew 11:28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light.”



Only one thing is necessary

- Listen to Gods Word
- This will not be taken
- Gods Word teaches me that my life is in Gods hands (Psalm 139)
- Gods Word teaches me to seek Gods kingdom first and He will take care of the rest that I need (Matth 6)
- I don't have to fear persecution or suffering, this is what we are destined for and this brings great reward(1 Petr 2, Luke 6)
- I put my life in His hand and trust that He will guide me (Spr 3:5,6)



Only one thing is necessary

- Listen to Gods Word
- This will not be taken
- I may even know that God has a purpose with sickness (Job, Paul had thorn in the flesh)
- 1 Peter 5:7 casting all your care upon Him, for He cares for you.



Only one thing is necessary

- Listen to Gods Word
- This will not be taken
- Philippians 4:6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.
- 8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. 9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.



Only one thing is necessary

- Choosing the good part/portion

In the OT the greatest possession was -> the bond with the Lord. The Lord is "my portion" they would say. Mary has chosen this part:

Psalm 73:25-26 NKJV

25 Whom have I in heaven but You?

And there is none upon earth that I desire besides You.

26 My flesh and my heart fail;

But God is the strength of my heart and my portion forever.

Psalm 119:57 You are my portion, O Lord;

I have said that I would keep Your words.



Only one thing is necessary

- Choosing the good part/portion

God teaches us to be free from the world/crooked generation: John 8:31 Then Jesus said to those Jews who believed Him, “If you abide in My word, you are My disciples indeed. 32 And you shall know the truth, and the truth shall make you free.”

John 4:24 God is Spirit, and those who worship Him must worship in spirit and truth.”



Only one thing is necessary

- Choosing the good part/portion

What are things that you can put in Gods hands (again)?

- Who am I going to marry?
- What education shall I follow?
- Where should I live?
- Will I finish my work on time?
- Do I have real friends?
- Your health
- Will I survive the inflation? Will I be able to pay my energy bills?
- What else is distracting you from God?
- What else are you worried about?



Only one thing is necessary

- Choosing the good part/portion

My own worries that I have to place in Gods hands:

- Raising 6 kids
- Living without a contract
- What if I die, what will happen with my wife and kids?
- The spiritual lives of people
- The health of people around me
- Liberalism in the world with sick ideologies
- How long will we have freedom of religion?
- Attacks against Gods Word
- Balancing time and energy



Only one thing is necessary

- Choosing the good part/portion

Do you chose to sit at the feet of Jesus daily? This is what it does:

2 Timothy 3:16 All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, 17 that the man of God may be complete, thoroughly equipped for every good work.

Sitting at the feet of Jesus doenst mean we never come into action.

Titus 2:14 who gave Himself for us, that He might redeem us from every lawless deed and purify for Himself His own special people, zealous for good works. 15 Speak these things, exhort, and rebuke with all authority. Let no one despise you.



Only one thing is necessary

- Choosing the good part/portion

Jesus is the good portion and we shall see Him soon:

Revelation 22:20 He who testifies to these things says, "Surely I am coming quickly." Amen. Even so, come, Lord Jesus! 21 The grace of our Lord Jesus Christ be with you all. Amen.



